



30th Festival of Group Performances
Slovak Gym for Life Challenge
GymGala Show
07. - 08.03.2026, Trnava (SVK)



DIRECTIVES - INVITATION

Dear FIG affiliated Member Federation,

The Slovak Gymnastics Federation has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

DISCIPLINE	Gymnastics for All
HOST FEDERATION	Slovak Gymnastics Federation contact e-mail: kostialova@sgf.sk phone: +421 905 419 042 Organizer: Club of Gymnastics Sports Slávia Trnava Rybničkova 15, 917 01 Trnava Contact email: kgsslaviatrnava@gmail.com Phone: +421 910 924 723
LOCATION	Trnava (SVK)
DATE	7th - 8th March 2026
VENUE	Mestská športová hala (City Sports Hall), Rybníková 1, Trnava, 917 01
APPARATUS SUPPLIER	balletizol dance surface, no additional apparatus will be provided by LOC.
RULES AND REGULATIONS	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: • Statutes • Code of Ethics • Anti-Doping Rules • Medical Organization of FIG Competitions and Events • Framework for safeguarding athletes and other participants from harassment and abuse in sport during events • Media Rules Apparatus Norms Accreditation Rules and subsequent decisions of the FIG Executive Committee
FEDERATIONS INVITED	The Organizing Member Federation invites all Member Federations FIG in good standing.
ENTRY FEES	The participation fee is 10 EUR pre one gymnast . Participation fees must be transferred based on an invoice sent by the organizer to the participating club. In case the participation fee has not been received 1 day before the contest starts, the group will only be allowed to participate if the participation fee multiplied 1,5x is paid in cash or by transfer.

PARTICIPANTS AND PROGRAMME	All participating groups are welcome to participate with freely chosen age groups: Children: up to 6 years Youth A: 7 - 10 years Youth B: 11 - 16 years Seniors A: 17 - 30 years Seniors B: 31 - 49 years Golde Age: 50+ The category is meant for groups performing a routine, which mostly consists of: • Basic gymnastics elements and body movements from different gymnastics disciplines • The usage of different apparatuses and hand apparatus • Dancing elements and creative movement is the supporting part of the composition rather than dominant Time limit: • Up to 15 gymnasts max 3,30 min. • 16 gymnasts and more max 6 min. Floor: balletizol dance surface, 14 x 14 (no lines) ADDITIONAL REQUIREMENTS Participating in the festival with any gymnastics disciplines' contest routines is not allowed. Only modifications of contest routines from previous seasons are allowed.
EVALUATION	Routines are evaluated by evaluators assembled LOC <u>Routine composition</u> is rated by: • routine suitability to selected category (gymnastics; creative movement and dance; compound routines) and the compliance with the rules • music suitability to the movements and routine idea, rhythm switches in music and movement • routine suitability to age and capability movements versatility, complexity and novelty routine originality and idea <u>Routine performance</u> is rated by: • gymnasts' athleticism • charisma and character, ability to communicate with the audience performance unity • ability to use the stage in favor aesthetics and the costume correctness
RESULTS AND AWARDING	All groups are evaluated and according to the results awards will be given out as follows: Gold, Silver and Bronze medal in each category. Overall, the winner is selected from all the groups.
REGISTRATION	Registration platform: https://rgform.eu/event.php?id_prop=8967 Deadline: Provisional Registration: 31st December 2025 The same platform, is not necessary to register gymnasts Definitive Registration: 31st January 2026 With names of the gymnasts and music Late registrations are allowed: the rate to pay is 1,5x the normal participation fee.
ACCREDITATION	Accreditation will take place upon arrival at the contest venue.
GYM GALA SHOW	All groups are invited to send applications for the Gala Show. The performance should be different than at the contest. Special registration form must be sent to LOC by 31.12.2025. The LOC and choreographer of the Gala show have the right to select

	groups for the program. Groups will be informed about the result until 31st January 2026. Application is to be sent via this link: https://forms.gle/vzP3jEjciwy6KLhBA
MEDICAL SERVICES	LOC will ensure the coordination of all the aspects related to medical and security areas.
VISA	Please verify immediately with your travel agent or the Slovak Embassy or Consulate in your country if a visa is required for your travel to Slovakia. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 31st JANUARY 2026 to the LOC via https://www.rgform.eu/event.php?id_prop=8967. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.
TIMETABLE	7th March 2026, Saturday 8:00 Office opens and accreditation of the groups 8:30 Rehearsal for groups (without music, 3 min. for each group according the schedule) 10:00 Technical meeting 11:00 Opening of 30th Festival of Group Performances 11:15 Contest Children up to 6 y Golden Age Youth A Award Ceremony 18:30 Gym Gala Show 8th March 2026, Sunday 8:00 Office opens and accreditation of the groups 8:30 Rehearsal for groups (without music, 3 min. for each group according the schedule) 10:00 Technical meeting 11:00 Opening of 2nd day of Festival of Group Performances 11:15 Contest Seniors A Seniors B Youth B Award Ceremony
INSURANCE	The Host Federation, the Organizing Committee will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. All participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation.
SAFEGUARDING	From the official event day of arrival until the official day of departure, participants (gymnasts, coaches, judges and any other delegation members) have the possibility to contact by phone or e-mail the LOC Safeguarding Officer in case of harassment and abuse of any type or if they are worried and do not feel comfortable. The information regarding the LOC Safeguarding Officer will be communicated upon arrival of the delegations on site. In addition, posters of the “10 Golden Rules of Gymnastics” the FIG campaign to raise awareness about youth protection in gymnastics will have to be displayed in several locations, including training and warm-up halls and public zones.

ACCOMMODATION	LOC can provide accommodation at Hotel Spectrum Trnava Single room 72 EUR with breakfast Double room 82 EUR with breakfast Triple room 104 EUR with breakfast In the price is not included City Tax 2 EUR per person per night. City tax will be paid upon arrival directly to the hotel by groups. Dinner at the hotel is 14,50 EUR. Deadline: 31st December 2025 https://www.rgform.eu/event.php?id_prop=8967 Cancellation Policy: • more than 30 days before arrival – cancellation fee of 15% of the total order price • from 10 to 30 days before arrival – cancellation fee of 30% of the total order price • from 1 to 10 days before arrival – large fee of 50% of the total order price • on the day of arrival – cancellation fee of 100% of the total order price
TRANSFER	LOC does not provide transfer in general. On request transfer can be provided from Vienna airport to Trnava and back, Bratislava airport to Trnava and Bratislava bus or train station to Trnava and back. Deadline 31st January 2026 https://www.rgform.eu/event.php?id_prop=8967
MEAL	All groups can order lunch in a restaurant Relax very close to the venue for Saturday and Sunday for 8 EUR/person/lunch. Deadline: 31st January 2026 https://www.rgform.eu/event.php?id_prop=8967
MARKETING	FIG advertising and publicity norms must be respected.
T-SHIRTS	All groups are invited to order T-shirts with logo of Festival for special price: 15, -EUR. With buying T-shirt you can enter to GymGala Show for standing places. Deadline: 31st January 2026 https://forms.gle/r767TGPWTvMJCyaN8
TICKETS	Ticket sales for public: Festival 1 day 5, -EUR Festival 2 days 8, -EUR GymGala Show 15, -EUR Package (2 days Festival and GymGala Show) 20, -EUR. Tickets will be available to buy here: http://tootoot.fm (not ready yet)
ADDITIONAL INFORMATION	Gymnasts are not limited to participating in one group only. All additional needs must be pre-communicated with the organizer. Personal data of gymnasts, coaches, judges and volunteers who are registered participants of the festival will be used in the documented results, on https://rgform.eu/event.php?id_prop=8967 website, websites of Slovak Gymnastics Federation and/or organizer as well as social media sites. Upon registration, gymnasts, coaches, evaluators and volunteers also agree to the publication of visual materials featuring their person (photos, videos). In case someone does not agree to public use of their personal data or visual materials, he/she must inform the main organizer of the festival and Slovak Gymnastics Federation in writing before the opening of the festival. The organizing body retains the right to make necessary changes in the festival arrangements and conditions of participation. In case of changes in content the decisions will be made by the GfA panel and the secretariat of the Slovak Gymnastics Federation.

Sincerely Yours,

A handwritten signature in blue ink, appearing to read 'koš' followed by a stylized flourish.

Ing. Laura Košťalová
BCGFA president
Slovak Gymnastics Federation

A handwritten signature in blue ink, appearing to read 'Ján Novák' in a cursive style.

Mgr. Ján Novák
President of
Klub of Gymnastics Sports Slávia Trnava

Bc. Ľuboš Vilček
President of Slovak Gymnastics Federation